K-1 OUR WHOLE LIVES

Fall 2023

Our Whole Lives (OWL) is a comprehensive sexuality education curriculum for all ages. The curriculum for Kindergarten and 1st Grade focuses on basic anatomy and physiology, understanding our own and other people’s physical boundaries, and learning about how babies grow in uteruses. The OWL curriculum celebrates the diversity of sexual expression, gender identity, sexual orientations, and families. While the curriculum is secular it is grounded in values that align with UU and UCC values.

Dates and Times

OWL classes will take place on Sundays at UUCB in the Elementary Classroom. All classes are mandatory. Please feed your children before class, though we will have snacks available.

- Sept. 17, 12-1:30 Grown-Up’s Orientation (childcare available)
- Sept. 24, 12-2 Grown-Up and Kids Orientation
- Oct. 1, 12-1:30 Session 1 (Kids only)
- Oct. 15, 12-1:30 Session 2 (Kids only)
- Oct. 22, 12-1:30 Session 3 (Kids only)
- Oct. 29, 12-1:30 Session 4 (Kids only)
- Nov. 5, 12-1:30 Session 5 (Kids only)
- Nov. 12, 12:30-2 Session 6 and Celebration (Kids at start, grown-ups invited for the second half)

Registration opens on August 20.

Use QR code to register

For more information please contact Rachel Alba, DRE of UUCB at: dre@uuchurchofboulder.org